Activities

Work contents (all things which you can do during the year): Overall activities

- support and assistance in providing of social services in the organization (the clubs low threshold facilities, preschool clubs and activities of service Social activation service, SAS)
- express your initiatives (ideas, creative activity, etc.)
- preparation and creation of periodical activities with children (art, activities according to the topic of the month, activities in preschool club, etc.)
- assistance to day and more day trips
- preparing and cleaning clubs (drink, papers, switch on/off, etc.)
- help and assistance with daily activities
- assistance with organization of community, cultural and social events for clients
- assistance in the office, administrative work, web news, etc.
- other activities like help with cleaning, moving, promotion organization, etc.
- share project activities on FB of Caritas or lead own blog
- your own activities

Your own activities for that you will be responsible: Detailed activities

Short description of the volunteer's activity:

<u>Language Club</u> - This activity will be focused on non- formal teaching of English/Italian/French to children. The activity will be made in English. Workers will prepare notice boards in centers where volunteers will prepare vocabulary according to the theme of the service. The theme will change once a month and will be related to e.g. Healthy lifestyle, Computer, social networks, bullying- each month different topic. The new vocabulary will be in English and volunteers' languages enriched by animations.

<u>Health Lab</u>- The children do not have basic knowledge about health science, they do not go to doctor as they see it at their parents they just take pills even small children therefore the

volunteers will teach them how body works through non formal education- visual arts, experiential learning etc. The activity will be focused on taking care of injured person, how to measure pressure, how to tie a wound or that they can use herbs instead of pills etc.

<u>Bon Appétite!</u> - In this activity the volunteers will teach children how to cook their traditional meals as well as Czech and Roma meals with the help of workers.

The part of volunteers' stay in our organisation will be also mini project of volunteers. During the whole year they will gather information and experience from which they will make use of in preparing mini project.

Activities of the services in which you will be involved:

Except volunteers' own activities (Lab, club, cooking) the volunteers will participate every day in activities of the services.

Monday 7:00- 12:00 Activities at Preschool club of centers- the volunteers will help with activities for clients, with preparation and cleaning of the club, with guarding of children, preparing snacks and volunteers will also participate with activities for children. The volunteers will help and participate in workshops for clients as well.

Tuesday- Thursday 13:00- 18:00 Activities in low-threshold facilities - the volunteers will prepare their own activities for clients but they will also help workers with activities in the clubs (individual planning, preventive activities, games, quiz) which is an essential part of the work in service.

Friday 9:00- 10:00 Czech language

13:30- 15:30 Individual planning with children (homeworks, English teaching) + preparation of volunteers for next week

The volunteers will also actively participate in community events.

They will be part of the summer and autumn trips with children as well.